



# Nebraska Hand & Shoulder Institute, P.C.

Dolf R. Ichtertz, M.D.

Thank you for choosing NHSI as your Orthopaedics provider. Be certain you fill out the paperwork completely before you arrive to your appointment so you will receive full and proper treatment. **A Photo Id (driver's license) and a legible Insurance Card are required at time of visit.** If not present with you upon appointment, you will be rescheduled.

## Your appointment is scheduled for:

DATE	TIME	Grand Island 716 N Alpha St	Omaha 17030 Lakeside Plaza Hill, Ste #122
		Lincoln 1919 S 40 <sup>th</sup> St., Suite 333	

## Payment Policy and Policy Regarding SSN

We require that your Social Security Number be provided to our billing department before being seen by the doctor. The SSN is not needed for scheduling purposes, but we must have it recorded in the check-in paperwork or your appointment will be canceled. We apologize for any inconvenience. We will bill your insurance carrier on your behalf. All co-payments are due at the time of registration. We accept cash, check, Visa, MasterCard and Discover or you may call (800) 839-9078 to apply for Care Credit.

## In Network

We are in network with Blue Cross Blue Shield, Aetna, Coventry, and various First Health plans. Due to the high variance in Coventry and First Health plans, we recommend you contact your insurance carrier to verify your benefits with our provider.

## Out of Network

For out-of-network insurance, we will bill your insurance carrier on your behalf (excluding Medicare). Your benefits may differ from an in network provider. We recommend you contact your insurance carrier to clarify. Because your benefits may be less, prior to seeing the doctor **we require a \$250.00 deposit for any out-of-network or self pay patients.** This payment will go toward your portion of the bill; it is NOT an additional charge. Any overpayments will be reimbursed in a timely manner.

## Worker's Compensation Claims

If you choose to file a worker's compensation claim, this must be completed before you schedule an appointment with our office. Once the visit is submitted to your private insurance, we will not bill a worker's compensation carrier. If you are considering filing a worker's compensation claim, please contact us before your scheduled appointment.

## Late Patients and No Call/ No Shows

Should circumstances arise that you will be **15 minutes or more** late to your appointment, please contact our office at (800) 433-9147, so if necessary we can reschedule your appointment. New patients that fail to give a 48-hour cancellation notification will be subject to a **\$75.00 no show fee.** This allows us to schedule patients that are waiting to see the Doctor. Existing patients will be subject to a **\$45.00 no show fee.**

## Children

We request that you do not bring children under the age of 12. There is limited space in the exam rooms and children may cause interference with doctor/patient communication.



## Nebraska Hand & Shoulder Institute, P.C.

716 Alpha Street • Grand Island, NE 68803 • (308) 398-4263 (HAND) • (800) 433-9147

### PATIENT INFORMATION

Patient's Name \_\_\_\_\_ Prefer to be Called: \_\_\_\_\_ Account# \_\_\_\_\_  
(First) (Middle) (Last) Family Dr. & Phone \_\_\_\_\_  
Address \_\_\_\_\_ Allergies \_\_\_\_\_  
City/St/Zip \_\_\_\_\_ Pharmacy Name \_\_\_\_\_  
Birthdate \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_ Pharmacy Phone \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Spouse's Name \_\_\_\_\_  
Work Phone \_\_\_\_\_ Ext. \_\_\_\_\_ Spouse's Employer \_\_\_\_\_  
Employer \_\_\_\_\_ Spouse's Work Phone \_\_\_\_\_ DOB \_\_\_\_\_  
Employer's Address \_\_\_\_\_ Spouse's SS# \_\_\_\_\_  
Job Title \_\_\_\_\_ Language Spoken \_\_\_\_\_  
Personal Email \_\_\_\_\_

Referred By: Radio \_\_\_\_\_ Paper \_\_\_\_\_ Doctor \_\_\_\_\_ Friend/Relative \_\_\_\_\_ Phonebook \_\_\_\_\_ Internet \_\_\_\_\_

Type of Insurance (circle one): Self Pay BCBS Coventry Aetna insurance \_\_\_\_\_

#### HAVE YOU FILED A WORKER'S COMP CLAIM FOR THIS PROBLEM/VISIT?

Injury Date \_\_\_\_\_ Claim No. \_\_\_\_\_  
Ins Carrier \_\_\_\_\_ Resp. Employer \_\_\_\_\_  
Claims Representative \_\_\_\_\_  
Claim Rep Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Address \_\_\_\_\_  
Nurse Case Manager \_\_\_\_\_

IN CASE OF EMERGENCY (Must list an alternate phone number to those provided above.)

Contact \_\_\_\_\_ Address \_\_\_\_\_  
Phone \_\_\_\_\_ City/St/Zip \_\_\_\_\_

I authorize all payments from my Medicare, worker's compensation and/or medical insurance carrier to be paid directly to Dolf R. Ichtertz, M.D., Nebraska Hand & Shoulder Institute, P.C., for services and/or supplies rendered to me. I give my consent to Dolf R. Ichtertz, M.D., Nebraska Hand & Shoulder Institute, P.C., to release medical records to the Health Care Financing Administration, its agency, my insurance carrier or any public agency Dolf R. Ichtertz, M.D., Nebraska Hand & Shoulder Institute, P.C., deems appropriate.

The following does not apply if service is for an **APPROVED** worker's compensation claimant: I accept financial responsibility for charges not covered or not paid by my insurance carrier. I understand that any balance outstanding 45 days after services are rendered will begin accruing interest at 1.5% per month – 18% per annum. I understand that if I No Call/No Show I am responsible for that fee. I also understand that I may be subject to additional costs of collection and/or attorney fees in the event of default on payment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Having signed this signifies I have received a copy of the NHSI, P.C. Privacy Policy.

Updated: \_\_\_\_\_ Updated: \_\_\_\_\_ Updated: \_\_\_\_\_

(OVER)

Reason for Visit \_\_\_\_\_

**Medications** (Mark all that apply) Add drug name and dosage ☐ NONE Other \_\_\_\_\_

- |   |  |
|---|--|
| <input type="checkbox"/> Blood Pressure _____ | <input type="checkbox"/> Anti-Depressant _____ |
| <input type="checkbox"/> Cholesterol _____    | <input type="checkbox"/> Diabetes _____        |
| <input type="checkbox"/> Blood Thinner _____  | <input type="checkbox"/> Vitamins _____        |
| <input type="checkbox"/> Pain Reliever _____  | <input type="checkbox"/> Supplements _____     |

**Allergies to medications** (Specify reactions. Note: Nausea is not an allergy) \_\_\_\_\_

**History of Surgery** (Mark all that apply) ☐ No Previous Surgery Other \_\_\_\_\_

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Rotator Cuff      | <input type="checkbox"/> Hernia Repair         | <input type="checkbox"/> Arthroscopy             |
| <input type="checkbox"/> Joint Replacement | <input type="checkbox"/> Neck Fusion           | <input type="checkbox"/> Where: _____            |
| <input type="checkbox"/> Hip _____         | <input type="checkbox"/> Lumbar Fusion         | <input type="checkbox"/> Heart Valve Replacement |
| <input type="checkbox"/> Knee _____        | <input type="checkbox"/> Appendectomy          | <input type="checkbox"/> Pacemaker               |
| <input type="checkbox"/> Shoulder _____    | <input type="checkbox"/> Carpal Tunnel Release | <input type="checkbox"/> Coronary Bypass         |

**Medical History & Review of Systems** (Mark all that apply) Other \_\_\_\_\_

- |  |   |
|--|---|
| <input type="checkbox"/> Any Known Heart Disease         | <input type="checkbox"/> Gout, Arthritis, Joint Trouble |
| <input type="checkbox"/> High Blood Pressure             | <input type="checkbox"/> Where? _____                   |
| <input type="checkbox"/> Chest Pain                      | <input type="checkbox"/> Digestive Problems             |
| <input type="checkbox"/> Palpitations or Irregular Beats | <input type="checkbox"/> Ulcer in Past                  |
| <input type="checkbox"/> Swelling of Lower Legs          | <input type="checkbox"/> Reflux                         |
| <input type="checkbox"/> Heart Arrhythmia                | <input type="checkbox"/> Lung Disease                   |
| <input type="checkbox"/> Atrial Fibrillation             | <input type="checkbox"/> HIV                            |
| <input type="checkbox"/> Heart Attack (Year _____)       | <input type="checkbox"/> Hepatitis (A, B, or C?)        |
| <input type="checkbox"/> Severe or Frequent Headaches    | <input type="checkbox"/> Kidney Disease                 |
| <input type="checkbox"/> Stroke/TIA                      | <input type="checkbox"/> Difficulty Controlling Bladder |
| <input type="checkbox"/> Diabetes (Type I or II?)        | <input type="checkbox"/> Nervous Disorders              |
| <input type="checkbox"/> COPD/Asthma                     | <input type="checkbox"/> Tremors or Shaking             |
| <input type="checkbox"/> Cancer _____                    | <input type="checkbox"/> Stumble/Fall a lot             |

### Personal Habits

Do you smoke regularly? ☐ Yes ☐ No ☐ Cigarettes ☐ Pipe ☐ Cigars How many/day? \_\_\_\_\_ How many years? \_\_\_\_\_

Do you drink alcohol regularly? ☐ Yes ☐ No Beer: ☐ 1 bottle per day ☐ 2 bottles per day ☐ Over 4 bottles per day

Other: ☐ 1 oz. per day ☐ 2 oz. per day ☐ 4 oz. per day ☐ Over 6 oz. per day

Do you have difficulty falling asleep? ☐ Yes ☐ No Is this the reason you are here? ☐ Yes ☐ No

Height \_\_\_\_\_ Weight \_\_\_\_\_ lbs.

### Illness of Blood Relatives

☐ Cancer ☐ Diabetes ☐ Heart Disease ☐ Arthritis ☐ Tuberculosis ☐ Stroke ☐ High Blood Pressure ☐ Epilepsy ☐ Asthma ☐ Suicide

FAMILY HISTORY	SEX	IF LIVING		IF DECEASED	
		AGE	HEALTH	AGE AT DEATH	CAUSE OF DEATH
Father	XX				
Mother	XX				
(List Brothers/Sisters)	M F				
	M F				
	M F				
	M F				

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

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LOWER EXTREMITY QUESTIONNAIRE

Name \_\_\_\_\_ Date \_\_\_\_\_

Chief Complaint \_\_\_\_\_

Duration of symptoms \_\_\_\_\_

What makes it better? \_\_\_\_\_

Symptoms are worsened when walking \_\_\_\_\_ sitting \_\_\_\_\_ lying down \_\_\_\_\_

Comorbidities:

	RIGHT		LEFT	
Leg cramps?	Y	N	Y	N
Diabetes?	Y	N	Y	N
Chronic low back pain?	Y	N	Y	N
Pain/abnormal sensations from buttocks to foot?	Y	N	Y	N

Do You Have Problems With:

	RIGHT		LEFT	
Difficulty walking?	Y	N	Y	N
Awakening at night due to legs/feet?	Y	N	Y	N

Numbness/burning in toes

	R	L
Great	_____	_____
2nd	_____	_____
3rd	_____	_____
4th	_____	_____
Small	_____	_____
Top of feet	_____	_____
Bottom of feet	_____	_____

How often do you have symptoms and numbness/burning: \_\_\_\_\_

Family Medical History:

How many brothers do you have? \_\_\_\_\_ How many sisters do you have? \_\_\_\_\_

How many children do you have? \_\_\_\_\_ List their ages: \_\_\_\_\_

Treatment Received to Date:

Medications?	Y	N
Injections?	Y	N

	RIGHT		LEFT	
Arch supports	Y	N	Y	N
Chiropractic?	Y	N	Y	N
Job or activity modification?	Y	N	Y	N

DURATION

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_